

Art Cart

Nick Cave inspired sound socks



Nick Cave: Soundsuit. Made of vintage toys and repurposed found objects.



Example of sound sock made by Art Cart instructor Jazmyn

Nick Cave is an American fabric sculptor, performance artist, and dancer. Cave's best-known creations are his Soundsuits sculptures. Soundsuits are head to toe costumes decorated with many different materials such as beads, buttons, and feathers. When the costumes are worn, they make noise! When others see dancers wearing the Soundsuits, they are compelled to watch without judgement of the dancer's race, gender, or class. The Soundsuits act as a kind of armor, and let the wearer stand up and be heard.

INCLUDED MATERIALS

- socks
- plastic needle
- scissors
- double-sided tape strips
- twist ties
- velcro dots
- glue dots
- bells
- pony beads
- pom poms
- lanyard lace
- yarn
- AMENDS yellow ribbon

INSTRUCTIONS

1. Cut lengths of yarn and plastic lanyard lace around 5 inches long.
2. Thread one of the cut strings onto your plastic needle, and poke it into the top cuff of your sock (if you are using the plastic lanyard lace you can poke it through sock without a needle).
3. Remove the needle (if necessary) and tie the two ends of the string together in a knot to secure it to the sock.
4. String your beads and bells onto the strings hanging from your sock. Be sure to make a knot at the end of the string so your beads do not fall off! You can also try tying a knot around a bead.
5. Use the other supplies included to decorate your socks. If you want, add other materials you have at home to the sock! Sequins, lace, feathers, whatever you can find. Keep your decorations to the ankle area of the sock, or they will not fit into your shoes!
6. Put on your socks, grab your ribbon, dance and make some noise! Invite your friends and family to close their eyes and hear your movements rather than see them.

Find video instructions at: www.mmoca.org/learn/for-kids

TRY THIS!

Nick Cave has a new exhibition called AMENDS at MMoCA. To make AMENDS is to admit that you did not do a good job on something and that you need to REDO IT. In our nation many people of color are not treated equally. Many people experience racism. We need to get rid of racism and redo the way we treat people of color. We need to make AMENDS. Nick Cave is asking people to write something they need to do better on a yellow ribbon. He wants us to think about how we can treat each other with respect.

Yellow ribbons are our pretend 'dirty laundry'. When you have dirty laundry, you need to wash it up, get rid of the dirt and smell, and let it air out. Let's write down things we have done that are undesirable (like dirty laundry). Let's promise to redo them and clean them up!

After you write your message on the yellow ribbon, please put it in the laundry basket. We will put it on the AMENDS clothes line at the museum. Your ribbon will become part of the museum exhibition and your message will be there for everyone to see.

Visit MMoCA to see work by Nick Cave on view in The Shop through October 24, 2021.

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