



2020 Zen Leadership in Europe

Leading Fearlessly, March 14 (1 day) Cornwall

YOUR LEADERSHIP WILL NEVER BE THE SAME: A one day dive into Zen Leadership. You will get a taste of Zen Leadership and how Zen-based physical practices can serve you. You will have a chance to work with one of your particular fears, learning viscerally how it shows up in your body and how to work with it. You will come away with 4 practical techniques for working with and being bigger than your fears.

Details TBA: Learn more and sign up here:

<https://zenleader.global/events/leading-fearlessly/>

Zen Leader 1, April 30 – May 3, Samoëns, France

A SOLID FOUNDATION: ZL1 introduces you to essential Zen practices to set you on the right path. We'll guide you through FEBI, the only personality assessment that links body and mind to show you how to manage your energy. We'll show you how to apply Zen tools from seeing two sides, to becoming the other, to reframing some of your biggest challenges. By the end, you will leave with greater energy, less mind chatter, a more grounded presence and a sustainable change in how you handle challenges.

Learn more and register here: <https://zenleader.global/programs/leader-series/zen-leader-1/>

Zen Leader 2, May 7 – 10, Samoëns, France

THE NEXT STEP TOWARD LIVING AND LEADING WITHOUT

FEAR: ZL2 tackles the root causes of fear and allows you to bring out the best in yourself and deepen relationships with others. Ideal for leaders and entrepreneurs, we'll train in how to resolve conflict, strengthen relationships and lead with confidence. Along the way, we'll introduce you to more advanced Zen techniques to work with your "shadow-side resistance" and its connection to fear, and "controlling the riot" within whenever you feel overwhelmed. **Prerequisite:** Zen Leader 1 or HEAL 1.

Learn more and register: <https://zenleader.global/programs/leader-series/zen-leader-2/>

Please share this calendar with those who may be interested in Zen Leadership!