



EXPERIENCE NEW ENERGY, RESILIENCE, AND WISDOM



ZEN LEADER 1

MARCH 4-7, 2021

a rich, interactive, online experience

**AWAKEN THE ZEN
LEADER IN YOU**



PRAISE FOR THE ONLINE ZL PROGRAM:

"It's fun and hands on and you get to join a community of caring and kind fellow learners and leaders. This is a useful and meaningful investment of your time and energy. 10 out of 5 stars :)"

-Yasemin Arikan, Futurist

"A completely different way of learning to lead for yourself and others with integration of mind, body and spirit."

*- Dr. Alexandra Adams, M.D., Ph.D., Director,
CAIHRE, Montana State University*

Most leaders struggle to stay effective and energized in these wildly disruptive times; we combine the Zen experience of interbeing with embodied leadership skills to strengthen their resonance and reduce stress, so they can lead with purpose, joy and resilience.

WHAT YOU'LL GET OUT OF IT:

- New ways to face challenges and a new "you" facing them - guaranteed
- Physical access to 4 modes of leadership you can apply any time, any place
- Practices for better decision making, stronger influencing, and realizing your vision
- A pathway enlivened by physical Zen training and ways to deepen your practice in your home and in everyday life



LEAD THE WAY



LED BY

BOB CARON is a certified instructor of Zen Leadership and a FEBI Certified Coach. He brings a dynamic and caring presence to the team and seeks to guide leaders, entrepreneurs and anyone trying to make a difference in the world toward their true purpose and passion.

MARCELA KYNGESBURYE is passionate about sharing awareness practices that invite clarity, leadership, and transformation. She supports the local Latinx Community in many roles as a healer and educator. You can often find her leading Zazen at the Chosei Zen Virtual Dojo.

ACCREDITATION

This Zen Leader program is qualified for 12 ICF CCEUs. Please indicate if this is of interest to you when you register.

WHO SHOULD ATTEND?

People who want to move beyond fear or exhaustion, who want to live and lead on purpose, and are willing to get out of their comfort zones to explore a greater experience of who they are.

NO PREVIOUS MEDITATION OR PHYSICAL TRAINING REQUIRED

Questions? Contact: bill@zenleader.global

"A wonderful and very wise program to get in tune with yourself and the world."

– Britt Kirstein, Systemic Coach & Mediator

SCHEDULE - TIMES US CT
7 pm Thursday, March 4th
12 pm Sunday, March 7th

On Fri., Sat. and Sun., we start early (7am). The program is segmented into blocks and carefully balanced with time for meditation, physical training, practical application, and reflection.

JOIN US ONLINE

People coming through these virtual programs are finding them to be powerful, fun, engaging and some of the most connected time they've spent online. As one participant put it, it helps one integrate practices such as meditation into home and daily life because "that is where the practice lands." Our online programs are a fraction of the cost of our live programs, and NO travel expenses!

COST \$545

A limited number of [scholarships are available](#), if you wish to apply. Or contact bill@zenleader.global for a sample letter asking your organization to sponsor you.

REGISTER NOW:
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