



HEAL 2021

**PRACTICE MEDICINE WITH
PRESENCE AND SKILL**

LEAD WITH EASE AND IMPACT

**HEAL 1 SERIAL PROGRAM:
SATURDAYS SEPT 18 - OCT 23
WEEKS 1-4 AND 6: 6-8AM CT
WEEK 5: (OCT 16) 8-3:30 (WITH
TIME FOR LUNCH) + 7-9:30 PM.**

ONLINE IMMERSIVE TRAINING

“A completely different way of learning to lead for yourself and others with integration of mind, body and spirit.”

– Dr. Alexandra Adams, M.D., Ph.D., Director, CAIHRE, Montana State University

“This is an ideal program to find your authentic self and learn to express it both personally and professionally.”

– Gabrielle Curtis, MD, Program Director of Clinical Medicine, Cox Family Medicine Residency

Training for the whole healthcare professional, so you can bring your best self to
patients, family,
community, colleagues,
health system leadership.

- **You've been called to medicine** to heal others.
- **You've seen** how the healthcare system isn't up to the task.
- **And now, you've been called to action.**

IN THIS TRAINING YOU WILL BE FULLY RESOURCED TO:

- Become clear about the important work that is yours to do;
- Leverage your inexhaustible compassion and undeniable power that comes with that work.

**DESIGNED BY FRONT-LINE PHYSICIANS AND THE
ZEN MASTERS WHO TRAINED THEM**



CO-SPONSORS:



**Department of Family Medicine
and Community Health**
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH



RWHC
Your partner. Your source.



A PROFOUND PATHWAY YOU CAN TAKE AS FAR AS YOU LIKE

In addition to immersive weekend trainings, the Institute for Zen Leadership (IZL) offers webinars, physician-led calls, coaching and connection to ongoing Zen training. Meeting you where you are, IZL brings you expertly curated content for Category 1 CME along with a healthy dose of personal transformation.

LET'S GET TOGETHER AND DO WHAT WE CAME INTO MEDICINE TO DO

ACCREDITATION

In support of improving patient care, this activity has been planned and implemented by the HEAL program and SSM Health. SSM Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ACCME – physicians

SSM Health designates this live activity for maximum of 25 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC – nurses

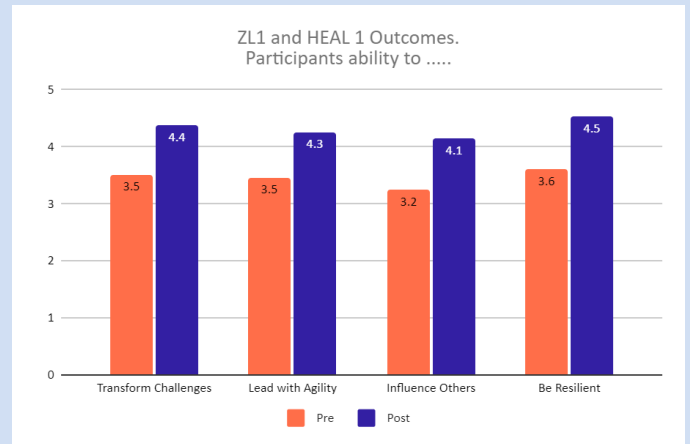
SSM Health designates this live activity for a maximum of 25.0 ANCC contact hours.



NO PRIOR MEDITATION OR PHYSICAL TRAINING REQUIRED

OUTCOMES

Participants consistently report being more grounded, centered and energized as a result of our programs, even long afterwards. They report fewer symptoms of burnout and greater facility in the leadership skills we teach, for example in HEAL 1, transforming challenges, leading with agility and influencing others.



COST \$545

Includes workbook and all program materials

A limited number of [scholarships are available](#), if you wish to apply. Or contact bill@zenleader.global for a sample letter asking your organization to sponsor you.

REGISTER NOW:
HEAL SERIAL SEPT 18-OCT 23

ZENLEADER.GLOBAL