## Utilization of dairy by-products in Ice-cream Manufacturing

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## Content


*Relevance - Dairy by-products

* Beta-serum \& Phospholipids
* Objectives
* Materials and methods
* Results
*Outlook


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## Dairy by-products

- represent $80 \%$ of the total milk manufactured
- generate high disposal costs by-products can cause a serious impact on the environment
- low in fat and have excellent technological and functional properties that benefit human health
- utilizing these valuable components, sustainable dairy product



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- Beta serum is a by-product obtained from the phase inversion during the manufacture of anhydrous milk fat (AMF)
- BS contains about 6-8\% of phospholipids (PLs) on a dry basis

- PLs refers to a class of complex polar lipids
- Arrangements with membrane proteins
- milk fat emulsified and dispersed within the milk
- PLs account for 0.5-1\% of the total milk fat
- Season and lactation stage
- Functionality and health benefits
- Power natural emulsifiers
- Good stabilizer
- Oxidation stability
- Active health ingredient used in Infant formulas


## Uniqueness of Dairy PLs

| Composition of <br> Individual PLs | Soy <br> lecithin | Egg yolk | Dairy PLs | Functionality | Reference |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Sphingomyelin <br> (SM) | 0 | 1.5 | $\mathbf{2 4 \%}$ | Inhibits colon <br> tumors, <br> immunological <br> defense | Castro et al., <br> $2015 ;$ <br> Burling et al., <br> 2012 |
| Phosphatidylserine <br> (PS) | 0.5 | 1.0 | $\mathbf{1 2 \%}$ | Cognitive <br> function and <br> releasing <br> stress | Huang et al., <br> 2020 |



## Concentrates of PLs



## Concentration of PLs

(Astaire et al., 2003)

(Barry et al., 2017)

(Price et al., 2018)


## Role of Lecithin/PLs

## Chocolates

- reduces viscosity,
- replaces expensive ingredients such as cocoa butter
- improves the flow properties
- improve the shelf life for certain products.


## Baked goods

- Wetting agent
- Pan release agent
- Cake batter stabilizer
- Fat replacer
- Finer crumb grain
- Greater loaf volume
- Better gluten stability
- Better emulsification of fats
- Longer shelf-life
- Increased water absorption



## Frozen desserts

## Role of emulsifier

- Replacement of stabilizer
- creamy texture


## Other

Cheese products
Instantizing process
Beverage mixes


- It allows the oil-water emulsion to stabilize by forming a micelle, or a cluster of molecules that lower surface tension.
- non-polar tail of lecithin is attracted to the nonpolar fat, and so the fat globule can be dissolved in the lecithin



## Ice-cream

## Dairy by-products

- According to IDFA, consumption per person each year in the US alone is around 2 L .
- Ice cream global sales represent over USD 73.8 Billion per year, with annual growth of close to $5 \%$ and are projected to increase around USD 97 billion by 2023.

- ice-cream is a potential vehicle for reusing the dairy byproducts.


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Dairy $\begin{aligned} & \text { Engineering }\end{aligned}$


## Objectives

- The primary objective of the research aimed to evaluate the effect of Beta-serum on selected quality parameters of ice-cream.
- Secondary objective to monitor the presence of phospholipids at different processing steps of the ice-cream manufactured.


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Sequence of activities


Quality analysis of ICM \&

## IC

- Compositional
analysis
- Particle size

Zeta Potential
Fat destabilization
Desorption index
Overrun
SDS-Page
Flow behavior of ICM

- Meltdown behavior

Oscillatory analysis
Total lipids
Total PLs
CLSM

Dairy byproduct-
Concentrated Beta-serum

The BS was obtained from a local plant (Valley Queen), Milbank, SD



Single staining - Phospholipids (Rd dope)

Flow sweep measurement using rheometer(Discovery Hybrid rheometer, HR 30, TA instruments)

Temperature sweep using rotational rheometer, MCR92 225

## Quantification of total lipids

Folch Extraction (FE)

- 1g sample
- Chloroform:methanol (2:1)
- Vortexed \& centrifuged
- Evaporation of solvent at $40^{\circ} \mathrm{C}$

$$
\text { Total lipids }(\%)=\frac{\text { Weight of recovered lipids }}{\text { Weight of sample }} \cdot 100
$$

## Fractionation of extracted lipids

| SPE silica <br> column |
| :---: |
| Elution of <br> neutral lipids <br> (CHCL3:MeOH) |
| Recovered phospholipids $(\%)=\frac{\text { Weight of dried fraction }}{\text { Weight of lipids }} \cdot \mathbf{1 0 0}$ |



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## Mapping of Phospholipids



## Quality analysis of ice-cream

Flow behavior of ice-cream mix


## Melting behavior of Ice-cream

- Zone 1 - Scoopability and rigidity
(IC-BS , higher G' and G')
- Zone 2 - sensorial impression of coldness
( IC-BS showed more steeper slopes dominating icy structure)
- Zone 3 - dispersed air and fat phase
(Higher G' than G" - IC BS higher creaminess)

Temperature Sweep


## Meltdown




## Quantification of PLs before and after meltdown



Total Pls

- Before Meltdown

Control-4 \%
B-serum -11 \%

- After Meltdown

Control-58 \%
B serum - 64\%

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## Outlook

- Ice-cream with NFDM and Beta serum provided similar quality attributes
- The beta-serum application in ice cream manufacturing provides insights that dairy by-product beta-serum can be used as replacers of non-fat dry milk in ice creams for sustainable and healthy markets
- This mapping can provide insights into where the PLs is during the ice-cream manufacturing process
- Further quantification of individual PLs and scale-up will require to study of the sensorial description of the product as well as consumer acceptance



# THANK YOU! 

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USDA United States Department of Agriculture
National Institute of Food and Agriculture


